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The Ultimate Power Lunch Spots in NYC



By Laura Schreffler

A great power lunch has never really been about the food. It's about the room. The right table can launch a partnership, close a multimillion-dollar deal, introduce the next investor, or simply provide the kind of face time that no Zoom call can replicate. While New York's dining scene is constantly evolving, a select group of restaurants continues to serve as the city's unofficial boardrooms, where CEOs, financiers, media executives, luxury leaders, entrepreneurs and tastemakers gather long after the morning meetings have ended.

Of course, not every great restaurant is a power lunch destination. The establishments that earn that distinction combine exceptional cuisine with discretion, impeccable service and a clientele as influential as the menu itself. Some are historic institutions where generations of deals have been struck, while others represent a new era of executive entertaining, but all have one thing in common: they're places where business and luxury meet. Whether you're looking to impress an important client, celebrate a milestone, or simply secure one of the best tables in Manhattan on a weekday afternoon, these are the New York power lunches that still matter.



The Mark Restaurant

Photo Credit: The Mark Hotel

The Mark Restaurant by Jean-Georges

Upper East Side · Inside The Mark Hotel · Jean-Georges Vongerichten

The Upper East Side conducts business differently than Midtown or Wall Street, and The Mark reflects that: fashion executives, art collectors, philanthropists, and diplomats fill the room preferring discretion over spectacle. Jean-Georges Vongerichten's menu is refined enough to satisfy the most discerning regular without needing to announce itself, and the service matches that tone, polished without being intrusive. It reads as Madison Avenue rather than Wall Street, which makes it a distinct addition to any list built mostly around Midtown and Downtown addresses. For luxury-adjacent business, it is close to essential.